

20 LWYA Conversation Starters

1. What is one part of your past that has shaped who you are today?
2. Do you feel like you are called to a particular career? Or has your calling changed throughout your life? Can your calling change?
3. If you could spend 4 hours doing anything (and you're already well-rested), what would it be and why?
4. What is one thing that you are curious about or want to learn more about?
 - a. What steps are you taking to satisfy your curiosity?
5. What's a family tradition growing up that you have continued (or want to continue) with your family?
6. What's a passion of yours?
 - a. How are you currently living it out, or how do you plan to live it out?
7. What is one thing that you've had to overcome (i.e., fear of spiders, anxiety, addiction), and how did you do it?
8. Sometimes, when I've had a hard day, I [fill-in-the-blank], and I feel better afterward.
 - a. Explain what you do and why.
9. If you could have any job in the world, what would it be and why?
10. Bob Goff (author of "Love Does") has the discipline of quitting something each week.
 - a. Identify one thing that you could "quit" and take off your schedule and why?
11. What makes you feel secure? What makes you feel insecure?
12. What is one conflict that you've had to work through this past week? Share how that experience has been and what you have learned.
13. What is one highlight from 2019 so far?
14. What is one thing that you have learned about yourself in the past year or so?
15. How would your close circle describe you?
16. Where are you most "at home?"
17. Who has been the most influential in your life?
 - a. What parts of them do you see in yourself?
18. What is one thing I/we wouldn't know about you without you telling me/us?
19. When you are down, how/where do you find hope?
20. If you could do one thing, and you knew you wouldn't fail, what would it be?