

BELPRES  CHURCH

## FROM MOUNTAIN TO MOUNTAIN

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<sup>3</sup> Elijah was afraid and ran for his life. When he came to Beersheba in Judah, he left his servant there, <sup>4</sup> while he himself went a day's journey into the wilderness. He came to a broom bush, sat down under it and prayed that he might die. "I have had enough, Lord," he said. "Take my life; I am no better than my ancestors." <sup>5</sup> Then he lay down under the bush and fell asleep.

All at once an angel touched him and said, "Get up and eat." <sup>6</sup> He looked around, and there by his head was some bread baked over hot coals, and a jar of water. He ate and drank and then lay down again.

<sup>7</sup> The angel of the Lord came back a second time and touched him and said, "Get up and eat, for the journey is too much for you." <sup>8</sup> So he got up and ate and drank. Strengthened by that food, he traveled forty days and forty nights until he reached Horeb, the mountain of God. <sup>9</sup> There he went into a cave and spent the night.

And the word of the Lord came to him: "What are you doing here, Elijah?"

- 1 Kings 19:3-9

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### Discussion Questions: Read 1 Kings 19:3-9

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1. What does this passage of scripture teach us about God (who is God and what has He done?)?
2. What does this passage of scripture teach us about human beings (how are we meant to live? What has gone wrong?)?
3. What does this passage of scripture teach us about how we are supposed to respond to God?
4. What does God do to address what has made Elijah run for his life?
5. What does God expect Elijah to do, despite his discouragement? What does this teach you about your present (or past) discouragements?