

BELPRES CHURCH

Enough is Enough

Dr. Scott Dudley

¹ The Lord is my shepherd, I shall not want.

² He makes me lie down in green pastures;
he leads me beside still waters;

³ he restores my soul.

He leads me in right paths for his name's sake.

⁴ Even though I walk through the darkest valley,
I fear no evil for you are with me;
your rod and your staff— they comfort me.

⁵ You prepare a table before me
in the presence of my enemies;
you anoint my head with oil;
my cup overflows.

⁶ Surely goodness and mercy shall follow me
all the days of my life,
and I shall dwell in the house of the Lord
my whole life long.

Psalm 23 (NRSV)

Discussion Questions: Please read Psalm 23

1. From what part of David's life does this psalm come (see 1 Samuel 16:10-12)? What does the image of a shepherd tell us about the character of God?
2. How are we like sheep (see Psalm 100; Isaiah 53:4-6)? How are you most like a sheep?
3. What do you think David means when he says "I shall not want"? See other translations of this first line? How do they shed light on its meaning?
4. Does God help you feel more content? If so, why? If not, why not?
5. What helps you find contentment?