

BELPRES  CHURCH

Sermon Title: Change Your Mind

Scripture:

Philippians 4: 4-13

⁴ Rejoice in the Lord always. I will say it again: Rejoice! ⁵ Let your gentleness be evident to all. The Lord is near. ⁶ Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. ⁷ And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

⁸ Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. ⁹ Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.

¹⁰ I rejoiced greatly in the Lord that at last you renewed your concern for me. Indeed, you were concerned, but you had no opportunity to show it. ¹¹ I am not saying this because I am in need, for I have learned to be content whatever the circumstances. ¹² I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. ¹³ I can do all this through him who gives me strength.

Discussion Questions:

Read this week's scripture(s) & answer the below questions with your friends, family, or All In small group.

Opening Questions:

- Icebreaker: What is one of your favorite family traditions?
- Looking back, were you able to apply any of the things we talked about last time to your life this week? What did you do? How did it go?

Scripture Reflection Questions:

- What do we learn about God (e.g., traits, personality, what matters, priorities) in this passage and sermon?
- What do we learn about people, and ourselves in particular, this week?

Sermon Reflection Questions - *Reflecting on this week's sermon, discuss the following:*

- What are things in your life that match the 8 words the Apostle Paul tells us to think about in verse 8?
- Looking at verses 4-13, what is the most helpful advice Paul gives here. Why?
- What is one thing God has done in your life for which you are thankful?

Closing Question and Application:

- Given what we've discussed together today, how might God want you to apply these learnings to your life or in the life of your community this next week?
- Who might you share this with?

Closing Group Prayer:

- Spend a few minutes together in your group sharing prayer requests and then praying together for each other. Thank God for the time together, the conversation shared, the other people in the group, and for encouragement in the week ahead.